

Lower Tauherenikau Gorge

24 January 2022

























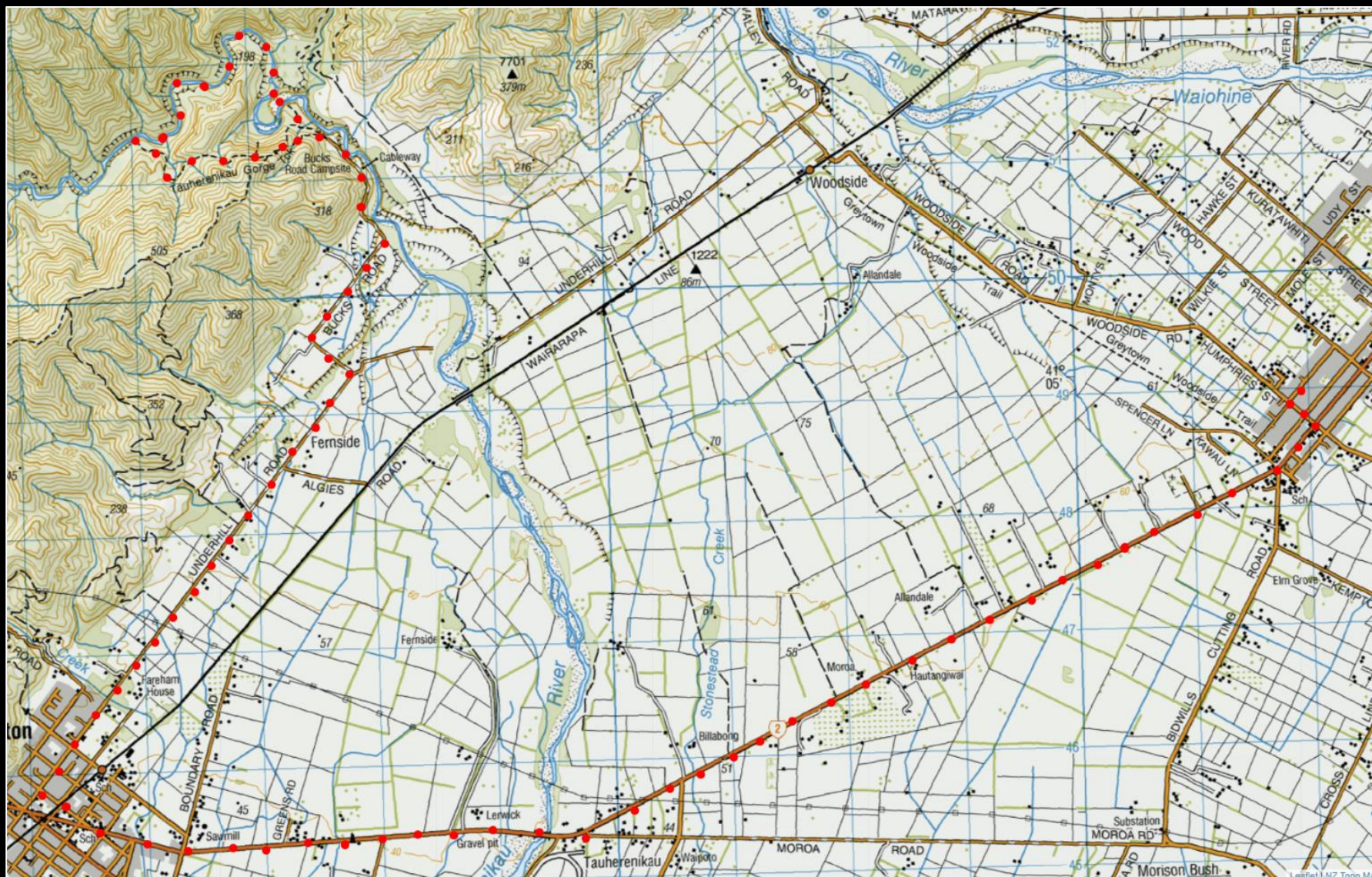








GPS trail



- Compulsory brew stops – 2
- Compulsory swims – about 6
- Hours on the bike – about 3
- Hours on foot & afloat – about 5